



ANNUAL REPORT

2022-2023



cpaiindia



Hhw Cerebral Palsy



from the CSO'S Desk



The organization's power-packed year signifies the collective impact of the dedicated team, founders, parents, volunteers, and supporters who have demonstrated resilience and determination. It is through the unwavering efforts that we are able to uplift and empower our beneficiaries, ensuring they receive the support they need to overcome obstacles and thrive.

CPAI's work not only benefits the beneficiaries themselves but also extends to their families and the broader community. By fostering inclusivity, raising awareness, and advocating for the rights of special children, we are creating a more understanding and compassionate society.

It's unfortunate that the number of children with Autism Spectrum Disorder has increased while funding for schools and NGOs in the disability field has decreased. Addressing this issue, CPAI started schooling for younger children with special needs 3 years ago & this year opened a new branch in Vasai catering to educational and therapeutic needs of special children in the remote areas.

The initiatives undertaken by CPAI, such as Project Shikshan and the monthly ration distribution during the lockdown are continued till today and demonstrate the organization's commitment to supporting not only PDAs but also other vulnerable groups affected by the pandemic.

CPAI has collaborated with the Cerebral Palsy Sports Federation of India. Representing cerebral palsy individuals from various organizations in Maharashtra in the field of sports is a significant opportunity to raise awareness and provide a platform for these individuals to participate and excel in sports activities. CPAI is actively promoting sports among individuals with cerebral palsy and advocating for their participation and recognition in this field. Through this collaboration, we can contribute to breaking down barriers and challenging stereotypes associated with disabilities. We are not only providing them with opportunities for personal growth but also inspiring others and fostering a more inclusive and accepting society.

By combining livelihood training with financial and digital literacy initiatives in collaboration with Srujna Charitable Trust, CPAI is empowering women holistically, addressing both economic and knowledge-based barriers. This multi-faceted approach can contribute to breaking cycles of poverty, promoting gender equality, and fostering sustainable development.

The donation of a new bus by Axis Finance is indeed a significant milestone for CPAI in both Mumbai & Bhopal. Having reliable transportation has greatly enhanced the organization's ability to serve its students and reach out to more beneficiaries.

We will Continue to advocate, innovate, and collaborate in our mission to ensure that PDAs receive the support and opportunities they deserve. Together, we can create a more inclusive and equitable society where every person has the chance to thrive and contribute their talents to the world.

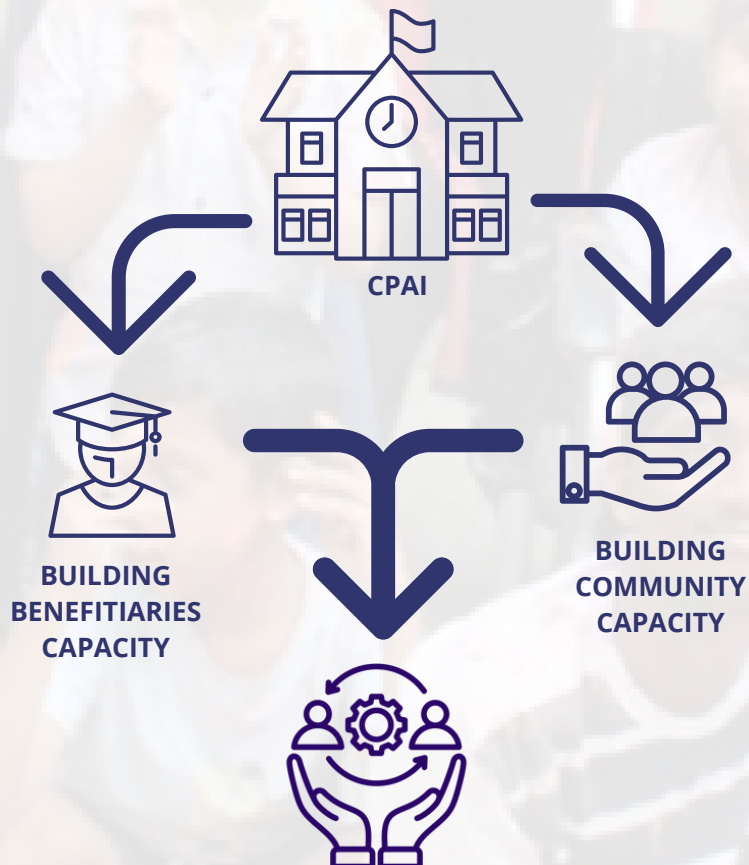
TABLE OF CONTENTS



01	About Us
02	Vision Mission Objectives
03	Presense & Sectors
04	Early intervention & School
05	Therapies & Services
06	Swanama Project
07	Livelihood Program
08	Events & Special Occasions
09	Success Story
10	Goals for 2024
11	Our Team & Supporters

ABOUT US

Cerebral Palsy Association of India is a non-profit organization, dedicated to empowering children & adults with multiple disabilities, uplifting women, supporting underprivileged children's education & focusing on activities to promote inclusion.



PROMOTING INCLUSION | PRODUCTIVE & CONTRIBUTING MEMBERS OF THE SOCIETY

Vision



Hope, equal opportunity and upliftment for PDA's. To live in harmony, dignity, security with inclusion in our world.

Mission



Serve community, enrich life!

OBJECTIVES

Early intervention, Schooling, Therapy, Pre-vocational, Vocational, & Livelihood trainings are provided to enable each PDA to become independent & productive members of society.

01



02

Creating job opportunities for PDAs and underprivileged women through different livelihood and job-oriented programmes.

Financial educational support to children deprived of school or dropouts.

03



04

Providing PDA's with a platform to showcase their specific interests and abilities, as well as to raise awareness of the potential of these special students.



Spread awareness about multiple disabilities in the society through Inclusive activities.

05



06

Guiding parents/guardians involved in all aspects of rehabilitation and domiciliary care of PDA's and beneficiaries



To reach and serve maximum number of PDAs, open new branches in different cities of India.

07



PRESENCE & SECTORS

CPAI has expanded its presence and established three branches in Mumbai (Santacruz & Vasai), Bhopal, and Lucknow. Having a presence in multiple locations allows CPAI to reach a broader population of individuals with different abilities (PDAs) and provide them with the necessary support and services. CPAI provides diverse range of initiatives and services across all the branches.

MUMBAI BRANCH

BHOPAL BRANCH

LUCKNOW BRANCH



Windsor BMC Library Building,
Windsor Lane, C S T Road, Kalina,
Santacruz East, Mumbai,
Maharashtra 400098.

Tulip 345, Ruchi Lifescape,
Jatkhedhi, Hoshangabad Road,
Bhopal, Madhya Pradesh -
462026.

Sarain Mali Khan,
Chaupatiyan Road, Chowk,
Lucknow Uttar Pradesh -
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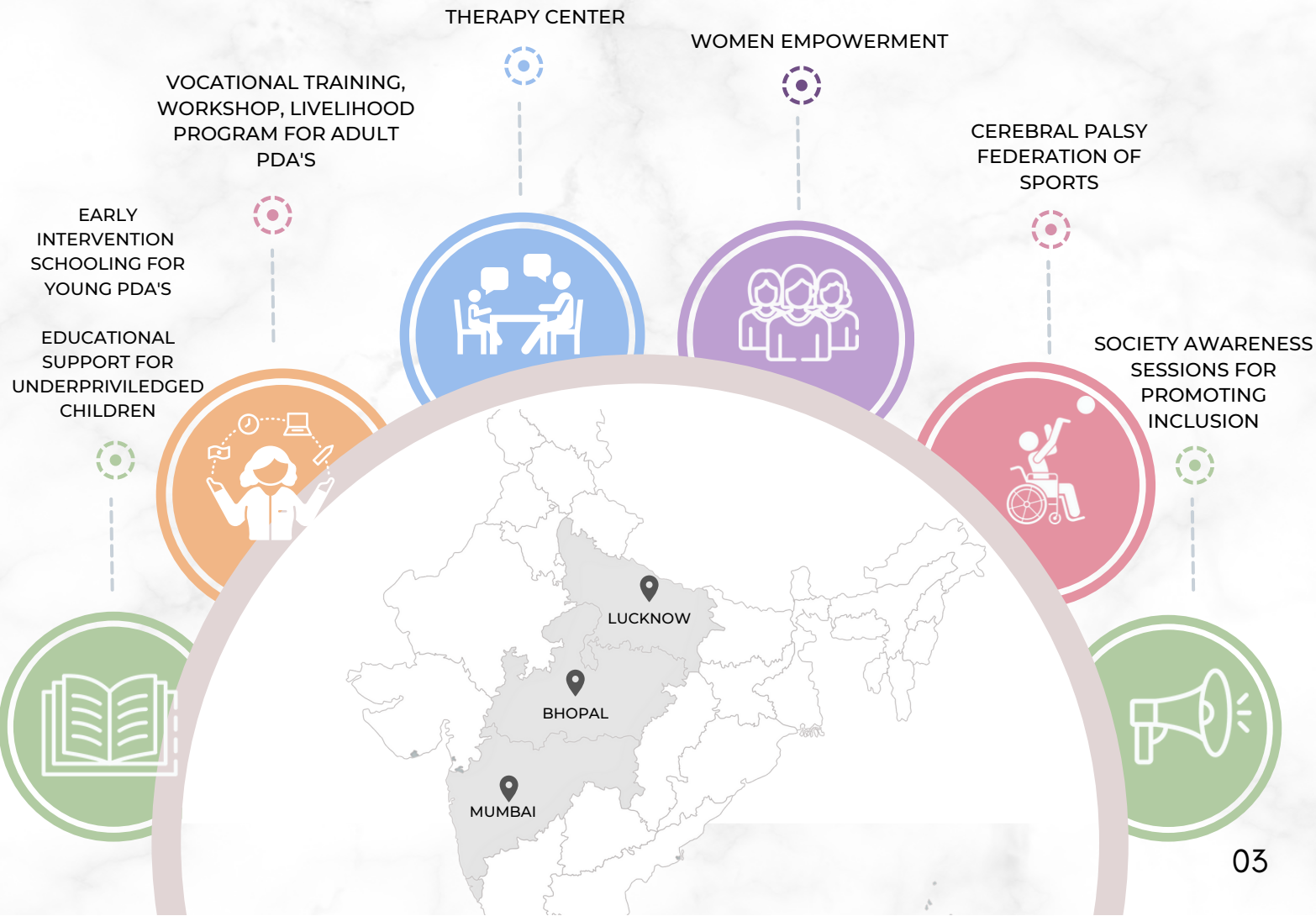
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EARLY INTERVENTION & SCHOOL

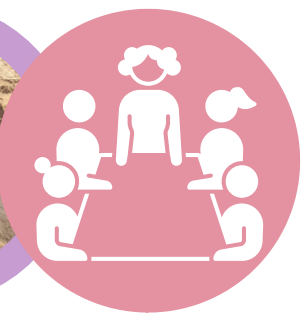


My son was thrown out of his previous special school stating that he was not manageable & doesn't fit in their environment of learning. CPAI's ability to provide the right therapy & educational support tailored to my son's needs was crucial in helping him unlock his potential. They have a supportive and inclusive environment that positively impacts a child's confidence, self-esteem, overall well-being. CPAI has been the last source for many Parents & their special kids who have been not accepted in any other schools. My son's journey with CPAI has been filled with growth, learning, & success.



Holistic Approach

Developing creative Teaching strategies
 Individualized Education Program
 Curriculum designed for Holistic Development



In house Assessment & Review
 Previous educational reports
 Medical History

Child's current level | Potential
 Interest | Strengths | Learning styles

Family Rehabilitation

Parents & Family counselling
 Parent support group meetings
 Awareness workshop for parents



“

My daughter had been at home for eight years since no mainstream school was willing to take on the burden of managing her physical limitations, and some institutions did not have the ramps or resources to assist her.

When we visited CPAI through someone's reference, they welcomed her with open arms. At CPAI, she is given special individual attention and a separate curriculum has been designed for her.

The school is intending to collaborate with Pratham NIOS, which will be a significant step forward for her future education.

”

AREAS OF FOCUS

01

Activities of Daily Living

02

Self-care skills: Personal hygiene & Grooming

03

Academics : Oral Language, Reading, Writing, Maths, General Knowledge

04

Life Skills : Time & Money

06

Pre- Vocational & Occupational Skills

07

Behavioral, Recreational & Social Skills

Tiny steps towards an accomplished life

THERAPIES



PSYCHOLOGICAL COUNSELLING

Dealing with the effects of initial diagnosis & subsequent stressors, Responding to behavioral difficulties, Addressing the effects of physical or sexual abuse or family violence, Navigating stressful life transitions.



PHYSIOTHERAPY

Developing Motor (physical and hand skills), Hand-eye coordination, Balance and posture, Muscle tone



OCCUPATIONAL THERAPY

Helps develop gross motor & fine motor skills, cognitive perceptual skills, sensory integration, social-emotional skills and ADL training.



MUSIC THERAPY

Helps in reducing anxiety and physical effects of stress. It improves healing. It is beneficial to alter mood and assess emotional problems as well as improve communication skills and social connections.

THERAPIES



DANCE THERAPY

Develops overall physical fitness, Improves flexibility, strength, & motor skills, Increases confidence & self-esteem, A great outlet for creativity and imagination. A few of our PDA's are professional trained Dancers who perform at various platforms.



SPEECH THERAPY

Understanding and production of language, Articulation (clarity of speech), Phonology (sound system of a language), Fluency, Vocal flexibility



DIET & NUTRITION

Dieticians are responsible for the nutritional management of individuals who are referred to their care. It is well recognized that people with disabilities are at risk for malnutrition, hence it is crucial to offer dietetic services to the PDA's

SERVICES

BUS SERVICE

The donation of a new bus by Axis Finance is indeed a significant milestone for CPAI in both Mumbai & Bhopal. Having reliable transportation has greatly enhanced the organization's ability to serve its students and reach out to more beneficiaries. The bus also facilitates transportation to and from events, outings, allowing students to engage in a variety of enriching experiences. It enables the organization to extend its services to a wider geographic area and reach out to more beneficiaries. Kudos to Axis Finance for their generous contribution. The new bus will undoubtedly make a positive impact on the lives of the beneficiaries and further enhance the organization's ability to fulfill its mission.



MID - DAY MEALS

At CPAI, we provide nutritious food to all the PDA's



RATION DISTRIBUTION

CPAI had started monthly ration distribution during the lockdown which is continued till today and demonstrate the organization's commitment to supporting not only PDAs but also other vulnerable groups affected by the pandemic.

Ration is distributed to the families of our Adult PDA's, who have become old & are not able to afford the basic necessities.

“

My two children - Alisha & Ahmed study at CPAI. I am a single mother & it becomes difficult to manage the expenses of basic necessities. CPAI has been donating ration every month to our family. We are very grateful for this gesture & continuous support.

”

SWANAMA project 2023



200 KAFTANS
200 SLING BAGS

Parents of students as well are actively involved in producing a range of products such as :

- Bags
- Kaftans
- Crunchies
- Sanitary napkins called "safkins."



545 SAFKIN KITS
Each kit containing 3 pieces

- Digital & Financial literacy awareness programs
- Awareness program on Domestic Violence & Menstrual Hygiene for Hearing Impaired women in association with TEACHH
- Training of Super Didi - Leadership Program

500 HAIR SCRUNCHIES
3000 SMALL POTLI



These products are distributed among rural populations, including deaf, blind, and tribal individuals

AWARENESS PROGRAM & LIVELIHOOD TRAINING



Underprivileged women and girl PDA's, are trained in different life skills.

- Becoming Self-sufficient
- Working as mini-entrepreneurs.
- We source work to them continuously & they come & work at our centers or take work home.



Started in 2019 by Underprivileged mom's of special needs children with a team of 20 Women

Today the Mumbai & Bhopal center caters to empowering 150 Women

SWANAMA project

in association with Srujna foundation Deepa foundation for social change, & Adarsh foundation has made a significant impact this year & plans to reach out to more beneficiaries in the coming year, uplifting women to make a sustainable life for themselves

5 years of empowering +1500 women



Papad Project - Preparation done by the women & Packaging is handled by the PDA's



Safkin manufacturing & distribution in tribal areas & rural areas where girls and women cannot afford the basic necessities



Electronic Auto Owned & drove around Bhopal by the women to deliver their products



Exhibiting our products at various platforms

VOCATIONAL TRAINING, WORKSHOP & LIVELIHOOD TRAINING



**VOCATIONAL
TRAINING**



**LIFE SKILLS
TRAINING**



**LIVELIHOOD
TRAINING**

A range of vocational courses equipping individuals with the skills and knowledge necessary to lead independent and fulfilling lives.

Trained to create designer paper bags, creative candles, beaded jewelry, torans, rangoli, diyas, and decorated boxes, and exhibit their products at various corporate offices, Banks, Hotels. This not only serves as platforms for students to display and sell their creations but also help them gain confidence, recognition for their skills, sense of independence, self-sustainability.

Our Livelihood program focuses on personality development, confidence-building, behavioral change, cash handling, customer service, basic hygiene, and computer competencies, equipping PDAs with the skills they need to thrive in the workplace.

Our PDA trainees have been placed in renowned establishments such as Love & Latte Coffee House, Taj Lands End, Intelenet Global Services Private Limited, India Bull, Deloitte, Teleperformance, Inorbit Mall, Big Bazaar, Reliance Fresh, Chai Pe Charcha, Mohini Artificial Jewellery (manufacturing unit), Soulflower, and Ganesh Enterprises.



EVENTS CELEBRATED

CHILDREN'S DAY



DIWALI PARTY



WORLD CEREBRAL
PALSY DAY



REPUBLIC DAY



CHRISTMAS



WORLD DISABILITY
DAY



GUDI PADWA



HOLI



VALENTINE'S DAY



SPECIAL OCCASSIONS

EXHIBITION-MUMBAI



EDUCATIONAL PICNIC



SPORTS DAY



ORTHOPAEDIC CAMP



AWARENESS PROGRAM



FINANCIAL LITERACY PROGRAMME



DIVYANG SANSKRUTIK MAHOTSAV



JUDTE KADAM



SUCCESS STORY

KIMMAYA & SHRIKANT



A truly remarkable story this year was about the success and independence achieved by two adult PDA students who got married after completing their livelihood training at CPAI. It is heartening to know that Kimmaya is working in the production of artificial jewelry in Malad, while the other individual is involved in the hospitality sector, their ability to contribute as earning members of the household and manage their finances independently demonstrates their capabilities and determination.

Moreover, their talents as professional dancers and active participation in CPAI's cultural programs showcase their passion and commitment to their interests. It's wonderful to see how they have embraced their talents and are fully engaged in artistic pursuits.

Providing sex education and ongoing counseling sessions to address any matters that may arise is a testament to CPAI's comprehensive approach to supporting the holistic well-being of individuals with different abilities. By addressing these important aspects of adult life and providing the necessary guidance and support, CPAI is empowering them to navigate their relationships and personal lives effectively.

This pioneering experiment of supporting and facilitating a marriage between individuals with mild intellectual disabilities is a significant step towards promoting inclusivity and recognizing their rights to form meaningful relationships and lead fulfilling lives. It is a testament to CPAI's commitment to pushing boundaries and creating opportunities for PDAs to live with dignity and independence.

We hope that their journey as a married couple continues to be filled with happiness, growth, and success. Their story serves as an inspiration and a reminder that every individual, regardless of their abilities, deserves the opportunity to pursue their dreams and live a fulfilling life.

Bhanu Nadar's journey is truly inspiring and showcases her resilience and determination in the face of challenges. As a women PDA and a single mother, she has overcome limitations and limited resources to create a better life for herself and her children.

By taking the livelihood training of Super Didi at CPAI and working at the Swanama project, Bhanu has not only become self-reliant but also provides support for her children's education. This is a remarkable accomplishment, considering the additional responsibilities she carries as a single mother.

Furthermore, Bhanu's passion and talent as a state-level swimmer highlight her dedication and commitment to pursuing her interests and excelling in her chosen sport.



B H A N U N A D A R

S U C C E S S S T O R Y

GOALS FOR 2024



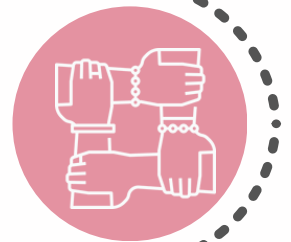
1 Extending our workforce, embracing more beneficiaries with multiple impairments, and improving the quality of our services for early intervention, schooling, therapy, vocational training, and livelihood programs.



2 Teachings would not be confined to the classroom; instead, more outside outings (Practical Training) to broaden our beneficiaries perspectives and approaches. It aids in the development of their social skills and broadens their ideas.



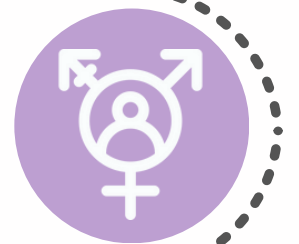
3 Empowering women through more hands-on training programmes in digital and financial literacy. Expanding the Kurla Community Kitchen by producing ready to eat snacks



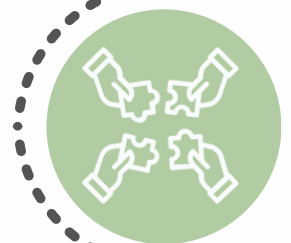
4 Providing livelihood training in computer skills, , stitching, parlor to the tribal community and youth in remote areas to foster sustainability.



5 Promoting inclusion by uplifting the transgender community to participate in the livelihood training programs and be well-equipped to support the community kitchen in Bhandup, with the aim of the services being handled by the old sex workers and their families.



6 Collaboration with NGO partners in Panvel, Churchgate, Vasai, and Nashik to reach out to additional beneficiaries especially in rural areas.



MEET THE TEAM

BOARD OF TRUSTEES

- **Mrs. Sunita Gupta**
Chairman
- **Mrs. Manjusha Singh**
Secretary / CSO
- **Mr. Sandeep Aggarwal**
Treasurer
- **Mr. Anil Sanjivan**
Trustee
- **Dr. Aruna Aggarwal**
Trustee
- **Mrs. Salima Kazani**
Trustee
- **Mr. Rajendra Purohit**
Trustee

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- **Dr. Satish Mutha** - Orthopaedic Surgen
- **Mrs. Namarta Mehta** - Trainer & Healer
- **Mr. Mitesh Shah** - Businessman & Sportsman
- **Mr. Vinod Sadvilkar** - Social Worker
- **Mr. Yashwant More** - Retired Comissioner & Social Worker
- **Mr. Rohit Pugalia** - Businessman
- **Mrs. Purvi Pugalia** - Businesswomen
- **Mrs. Preeti Chaudhry** - Financial Advisor
- **Jayashree Iyer** - Professional Artist
- **Dr. Madan Dubey** - Professor, Musician, Director
- **Mrs. Cynthia Mathews** - Trainer & Social worker

Deepa Foundation For Social Change



सत्यमेव जयते
Department of Social Welfare & Social
Education Recruitment 2017 Notification



SEAHORSE SHIP AGENCIES PVT. LTD.

OUR SUPPORTERS

We thank our well wishers who are continuously supporting us in our objective & mission towards the betterment of PDAs



Contact Us

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